

## PARK PROGRAMS – October, November & December 2008

Looking for unique nature related gifts this holiday season? Come on in for a visit to see what we have in store, from bird friendly organic coffee and audubon toy birds, to books on fishing, gardening and bird identification.

### PARKS PURSUITS with the OUTDOOR RESOURCE CENTRE

**Winter Cycling** (overview from a dedicated year-round cyclist) \$6  
 Course: 202701 Saturday, Nov. 1, 1 - 4 p.m.



**Seniors Skiing Information Session** FREE!  
 Course: 202770 Wednesday, Nov. 5, 10 a.m. - noon

**Cross-Country Skiing Level 1** \$52.75 (Prerequisite: Cross-Country Skiing Intro or previous experience)  
 Course: 203109 Sunday, Nov. 30, 8:30 a.m. - 4:30 p.m.

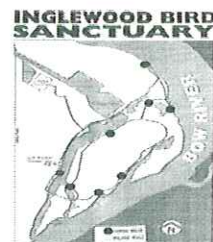
### NATURE PROGRAMS with the INGLEWOOD BIRD SANCTUARY (2425 - 9<sup>th</sup> Ave S.E.)

#### Family programs

**Bird Brains - Mysteries of the Magpie** \$25 child / \$10 adult  
 Course: 203310 Saturday, Nov. 15, 1 - 3:30 p.m.

**Winter Bird Feeding Workshop** \$25 child / \$10 adult  
 Course: 203308 Saturday, Nov. 22, 1 - 3:30 p.m.

**A Chickadee's Winter Survival Tips** \$25 child / \$10 adult  
 Course: 203311 Saturday, Nov. 29, 1 - 3:30 p.m.



#### Adult programs

**Eagle and Hawk Migration** (1 class/1 field trip) \$95  
 Course: 203120 Thursday, Oct. 2, 7:30 - 9 p.m. & Saturday, Oct. 4, 7:30 a.m. - 4:30 p.m.

**Learn to Bird Watch** \$55  
 Course: 203055 Saturday, Nov. 22, 9 a.m. - 4 p.m.

**4th Annual Winter Bird Count** FREE!  
 Course: 203128 Saturday, Dec. 6, 8:30 a.m. – noon (NOTE: Ages: 12 and up!)

**Winter Solstice Tasting** \$30 Fees include wine, cheese and expert instruction  
 Course: 202877 Sunday, Dec. 21, 3 - 6 p.m.

Register: 268-3800 or online [www.calgary.ca/recreation/eregistration](http://www.calgary.ca/recreation/eregistration). For more Information phone 3-1-1, email us at [orc@calgary.ca](mailto:orc@calgary.ca) or look us up online at [www.calgary.ca/parks](http://www.calgary.ca/parks)